



Discover the Great Outdoors!

Falmouth is a haven for anyone who loves the great outdoors. The south and west sides of town border the waters of Vineyard Sound and Buzzard's Bay, and is permeated with breathtaking beaches and secret coves waiting to be explored. On the other hand, Falmouth also boasts dozens of square miles of conservation and park land nestled among the ancient Cape Cod forests, riddled with hiking trails and crystal clear ponds.

Birding

Falmouth's unique geographical position makes it a favorite among serious birders. Because the town rests on a peninsula of land that is the southwest corner of Cape Cod, many spectacular migrating aviaries, at one point or another during the year, call Falmouth home. The Salt Pond Areas Bird Sanctuaries, 881 Palmer Avenue, is an outstanding resource to get acquainted with birding in Falmouth. You can call them at (508) 548-0711.

Cycling

One of New England's great cycling trails, the famed Shining Sea Bikepath, calls Falmouth home. This unforgettable 3-mile ride begins near Falmouth Village, winds through the canopy of oak and elm, and emerges onto the brilliant expanse of Vineyard Sound before ending in the village of Woods Hole. The asphalt path is a gentle ride, with no difficult hills along the way. Every cyclist must experience this ride at least once! Bicycle rentals are available from

Fishing

With almost 70 miles of coastline, it shouldn't surprise anyone that Falmouth is an angler's dream. Striped Bass, bluefish, yellowfin and bluefin tuna, Bonita, albacore, and mako and blue sharks are all found offshore. There are also dozens of fresh water ponds that offer great fishing. For more information on fishing in Falmouth, refer to the Official Guidebook of Falmouth to locate a variety of bait and tackle shops and fishing charter boat excursions.

Gardens

Do not miss Spohr Gardens, a breathtaking six-acre garden on the banks of Oyster Pond. Thousands of daffodils, day lilies, and rhododendrons make for a brilliant display of colors every spring and summer. Admission is free to the public. Maps and trail guides to all these conservation lands are available at The 300 Committee, 157 Locust Street, adjacent to the Shining Sea Bike Path. Falmouth Museums on the Green also features colonial herb and flower gardens and a naturalized memorial park.

Golf

Falmouth provides a long and comfortable golf season throughout the year and is home to five excellent public golf courses: Ballymeade Country Club, Cape Cod Country Club, Falmouth Country Club, Paul Harney Golf Club and Woodbriar Golf Club.

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Hiking

While Falmouth's population has grown rapidly over the past several decades, the town has wisely set aside many vast tracts of conservation land, making for great hiking, mountain biking, jogging, or just a nice afternoon stroll. Beebe Woods, Washburn Island, Crane Wildlife Reserve, Cornelia Carey Sanctuary ("the Knob") and the Moraine Trail are all beautiful areas set aside specifically for preservation and the enjoyment of Falmouth's residents and visitors.

Horseback Riding

Falmouth has a number of stables and riding areas that can offer a challenge even to seasoned equestrians. The hilly terrain of inland Falmouth offers seclusion, relaxation, and, of course, remarkable beauty.

Jogging

For a relatively small town, Falmouth boasts an amazing number of road races each year, ranging from the Main Street Mile to the world famous Falmouth Road Race, voted "Best Road Race in the US". If competitive running is not your forte, however, there are plenty of wonderful, scenic jogging routes just waiting to be discovered.

Kayaking, Pedal Boats and Canoeing

Renting a kayak or canoe for an afternoon is an unforgettable way to experience Falmouth, whether you're alone, on a romantic weekend, or with the entire family. The views while floating offshore or among the creeks and reeds are something to truly cherish. Lessons, rentals, and purchases are available from several businesses in town.

Sailing

With a history steeped in maritime traditions and lore, Falmouth takes its sailing seriously. Conditions are best from May through October, allowing for memorable cruises along the winding, wandering coastline. If you're interested in learning how to sail, the Falmouth Recreation Department offers recreational sailing programs for all ages. Information is available at the Gus Cauty Community Center at 790 East Main Street. The Falmouth Yacht Club, located at 290 Clinton Avenue, also offers classes.

Whalewatching

The poetry and mystery of these graceful giants is beyond imagination. This is Cape Cod—and nature—at her very best. Take advantage of the whalewatching boats that run out of Barnstable, Plymouth and Provincetown Harbors and you will not be disappointed.

Windsurfing

Adrenalin-seeking windsurfers, take heart: you've come to the right place. Falmouth offers some of the region's premier windsurfing, including Chapaquoit Beach, widely recognized as one of the top windsurfing spots on the whole East Coast. Rentals and lessons are available from several excellent businesses in Falmouth.

*To learn how to Discover Falmouth in every way, please refer to
www.FalmouthChamber.com*